Psychological Health-Roanoke-PATIENT REGISTRATION

Date:					:
					:
				cen i none	
				Email:	
Patier	nt:				
			Middle	Last	
Addre	Street and/or	PO Box			
	City		State		Zip Code
Age_	Gender	Birth Date		Social Secu	rity #
Spous	se	drace	DOE	3:	Social Security #
Occui	oyei Name/Add pation:	<u>. </u>		Employer I	Phone
Do yo	ou have Medica	l Insurance? If	<u>ves</u> , please p	rovide a copy to	o the receptionist at time of check-in.
Subse	criber Info: Na	ıme]	Relation	DOB
SSN_	- Of I		_Employer_	ID #	
Namo Grou	e Of Insurance in #	:	Pre-911	ID # thorization Pho	one#
****	*** IF I	NO INSURANG	TTC-au CE, PAYME *******	ENT IS DUE IN	one# FULL DATE OF SERVICE*** ***********
	UIRED INFOI				
In cas	se of emergency	, who should be	e notified?		
Phone	e:		Rela	ation to patient:_	
****	*******	********	*****	******	***********
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I authorize treatment deemed necessary by the health care providers of Psychological Health- Roanoke.

I authorize Psychological Health-Roanoke to release to my health plan any and all information which it deems necessary regarding my care and treatment to ensure prompt payment of all charges for services provided. I hereby assign the payment of all insurance benefits to Psychological Health-Roanoke for any and all charges incurred in connection with services provided to me. I also consent to a copy of this authorization and assignment being used in place of the original.

I understand fully that I remain responsible to pay Psychological Health-Roanoke for all charges not paid by either my insurance companies and/or employer, subject to the rules of any federal or state health insurance program such as Medicare or Medicaid, or to other contractual provisions that may limit a patient's responsibility to pay for medical costs and services. **Payment shall be due within thirty days of receipt of a statement.**

Insurance companies require us to collect applicable co-payments at every visit. If a co-payment is missed, it is to be paid at your next visit. Failure to pay two consecutive co-payments may result in your not being able to schedule future appointments until paid.

A quote of benefits and/or authorization does not guarantee payment or verify eligibility. Payment of benefits are subject to all terms, conditions, limitations, and exclusions of the member's contract at time of service.

Your health insurance company will only pay for services that it determines to be "reasonable and necessary." Every effort will be made by this office to have all services and procedures preauthorized by your health insurance company. If your health insurance company determines that a particular service is not reasonable and necessary, or that a particular service is not covered under the plan, your insurer will deny payment for that service. You are responsible for being aware of your insurance benefit coverage.

I understand that my health insurance company may deny payment for the services identified above. If my health insurance company denies payment, I agree to be personally and fully responsible for payment. I also understand that if my health insurance company does make payment for services, I will be responsible for any co-payment, deductible, or coinsurance that applies.

In consideration of the services rendered and to be rendered pursuant to my request for medical services from Psychological Health-Roanoke, I hereby waive any right to a jury trial should Psychological Health-Roanoke have to file suit to collect my account.

We ask that you give 24 hours' notice if you intend to cancel an appointment. Appointments cancelled with less than 24 hours' notice and missed appointments will result in a mandatory \$25 fee unless there is illness or an emergency. Your therapist may also bill you an additional fee. Your insurance will not pay for missed or cancelled appointments. Please discuss this policy with your therapist.

METHODS OF PAYMENT:

Our office accepts the following payment methods: Cash, Personal Check, and Credit/Debit Cards. For returned checks we assess a \$50.00 NSF charge and report to the local Commonwealth attorney's office checks that are not paid within 2 weeks of being returned to our office.

If fees are not paid, you understand that our office reports all accounts 90 days in arrears to an outside collection agency. If your account is turned over for collections, the amount due will include the balance owed plus all collection agency and attorney's fees. You agree to pay these fees should your account be turned over to collections.

The parties agree that all claims, disputes, and other matters of action shall be brought within and decided in the Commonwealth of Virginia.

You agree for us to service your account or to collect any amounts you may owe and that we may contact you by telephone at any number associated with your account. We may also contact you by sending text messages or emails, using any email address you provide to use. Methods of contact may include using pre-recorded/artificial voice messages and/or use of an automatic dialing device, as applicable. I/We have read this disclosure and agree that the Lender/Creditor may contact me/us as described above.

*** DO NOT SIGN UNTIL YOU HAV	E READ AND UNDERSTAND THE ABOVE INFORMATION. ***
Patient Signature:	Date:
Please initial below:	
I have read and understand copy of this policy at any time.	d the HIPAA privacy policy. I understand I may request a paper

<u>Psychological Health- Roanoke</u> Informed Consent for Treatment

Confidentiality

Clinicians and staff in Psychological Health-Roanoke value the patient-therapist and patient-physician relationships and strive to keep all information confidential. We only release information to others with your written permission.

Here are some important **exceptions** to this confidentiality of which we want you to be aware. These include:

- Suspected child abuse or neglect
- Suspected abuse or neglect of an elderly or incapacitated adult
- Patient is thought to be an immediate threat to self or others
- Court-ordered releases regarding legal actions
- Misconduct by a health care provider
- Workers Compensation
- If you are licensed or certified by a health regulatory board or hold a multistate license, and your condition places you or the public at risk
- For third party payers and their agents for purposes of reimbursement
- For crime investigation if it occurs on our premises

Other Matters Related to Confidentiality

- It may occasionally be helpful or necessary to consult about a patient with another professional. In these consultations, the physician/therapist makes every effort to avoid revealing the identity of the patient. The consultant is also legally bound to maintain confidentiality.
- If insurance reimbursement is requested, we are required to provide the insurer relevant information such as diagnosis and/or treatment plan.
- If the patient is under eighteen years of age, please be aware that while the specific content of therapy is confidential, parents have a right to receive general information on the progress of the treatment and have legal access to the record.

I understand that my clinician will discuss my diagnosis as well as the method of treatment. The nature of the treatment has been described to me as well as possible side effects and alternative forms of treatment. I understand I may withdraw from treatment at any time, but if I decide to do this I will discuss my plan with this clinician before acting on it.

The clinician has further discussed with me scheduling policies, fees to be charged, and matters relating to insurance, and if applicable, pre-authorization and utilization review issues.

I have read the above, fully understand the diagnosis, the nature of treatment, the alternatives to this treatment. the fees, and the limits of confidentiality and give consent for treatment.

Patient Signature:	Date:
Clinician Signature:	Date:
Cililician Signature.	Date.

PATIENT'S RIGHTS AND RESPONSIBILITIES

Statement of Patient Rights

- *Patients have the right to be treated with dignity and respect.
- *Patients have the right to fair treatment regardless of race, religion, gender, ethnicity, age, disability, or source of payment.
- *Patients have the right to have their treatment and other information kept private.
- *Only in life-threatening situations or if required by law, can records be released without a signed consent from patients.
- *Patients have the right to information from staff/providers in language they can understand.
- *Patients have the right to an easy-to-understand explanation of their condition and treatment.
- *Patients have the right to know all about their treatment choices regardless of cost coverage.
- *Patients have the right to get information about services offered by their providers and patient role in the treatment process.
- *Patients have the right to request professional information about their provider.
- *Patients have the right to know the clinical guidelines used in providing and/or managing their care.
- *Patients have the right to provide suggestions on office policies and procedures.
- *Patients have the right to complain and to know about their complaint, grievance and appeals process.
- *Patients have the right to know State and Federal laws governing their rights and responsibilities.
- *Patients have the right to participate in the formation of their plan of care.

Statement of Patient Responsibilities

- *Patients are responsible for providing their medical provider with information needed to deliver quality care.
- *Patients are responsible for informing their provider when/if their treatment plan is no longer effective.
- *Patients are responsible to follow their treatment plans and to inform their provider of any changes to the treatment planmade by other providers including any changes in their medications.
- *Patients are responsible for reviewing their care and treatment plans continuously and reporting effectiveness or ineffectiveness of the care plan to their provider.
- *Patients are responsible for treating those giving them care with dignity and respect.
- *Patients should not be involved in any conscious behavior that could endanger the safety of their provider, office staff orother patients.
- *Patients are responsible for keeping their appointments, arriving on time and notifying the office of any cancellation atleast 24 hours prior to the appointment.
- *Patients are responsible for addressing questions about their care to their provider and ensure
- се

understanding of theircare and their role in the treatment process. Patients are responsible for notifying their provider of any concerns regarding payment or insuran coverage.						
l understand my rights and	responsibilities as state	d above.				
Patient Signature	Date					

NAME:	DATE:
· · · · · - ·	

Patient Health Questionnaire-9 (PHQ-9)

Over the last <u>2 weeks</u> , how often have you been bothered by any of the following problems? (Please circle your answer)	Not At All	Several Days	More than half the days	Nearly everyday
Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
Feeling bad about yourself- or that you are a failure or have you let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite- being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? (Please circle your answer)

NAME: DATE:

THE MOOD DISORDER QUESTIONNAIRE

If you are currently suffering from depression or have had problems with depression in the past, please answer the following questions.

1.	Was there ever a time when you did not feel like yourself and	YES	<u>NO</u>
	you felt so good, upbeat, and energetic that others felt youwere not acting like yourself?		
	were acting so hyperactive that you got into trouble?		
	you were so irritable that you shouted at people or started fights or arguments?		
	you felt much more self-confident than usual?		
	you got much less sleep than normal and found you didn't really miss it?		
	you were much more talkative or spoke faster than usual?		
	thoughts raced through your head or you couldn't slow your mind down?		
	you were so easily distracted by things around you that you had trouble concentrating or staying on track?		
	you had much more energy than usual?		
	you were much more active or did many more things than usual?		
	you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?		
	you were much more interested in sex than usual?		
	you did things that were unusual for you or that other		
	people might have thought were excessive, foolish, or risky?		
	spending money got you or your family into trouble?		
^	If you checked YES to more than one of the above, have	VEO	NO
2.	several of these ever happened during the same period of time? Please circle one response only.	<u>YES</u>	<u>NO</u>
3.	How much of a problem did any of these cause you-like being unable to work; having family, money, or legal	<u>No</u> Problem	Minor Problem
	troubles; getting into arguments or fights?		
	Please circle one response only.	Moderate Problem	<u>Serious</u> Problem

NAMF:	DATE:
N/ NIVIE	

Generalized Anxiety Disorder 7-item (GAD-7) scale

Over the last 2 weeks, how often have you been bothered by the following problems? Please circle your response:	Not at all sure	Several days	Over half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it's hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all
Somewhat difficult
Very difficult
Extremely difficult

PSYCHOLOGICAL HEALTH - ROANOKE PATIENT HISTORY FORM

PLEASE HELP US UNDERSTAND MORE ABOUT YOU BY THOROUGHLY COMPLETING THIS QUESTIONNAIRE.

DATE:	AGE:	
NAME:		
WHO REFERRED YOU TO OUR DE	EPARTMENT?	
BRIEFLY STATE WHAT BROUGHT	Γ YOU HERE, AND HOW IT DEVELOPED:	
ON THE SCALE BELOW, ESTIMAT	TE THE SEVERITY OF YOUR SYMPTOMS (CHECK ONE):	
MILDLY MODERATELY UPSETTING SEVERE	SEVERE EXTREMELY INCAPACITATING SEVERE	
WHOM HAVE YOU CONSULTED A (PLEASE INCLUDE NAME(S) OF P	BOUT THE ABOVE AND WHAT HAVE YOU TRIED? PREVIOUS COUNSELORS)	
	EDUCATIONAL BACKGROUND	
HIGHEST EDUCATIONAL DEGREE	E OR VOCATIONAL PROGRAM:	
	YEAR COMPLETED: GPA:	
	DICAL/LIFESTYLE INFORMATION	
	/HEN WAS YOUR LAST EXAM?	
DOCTOR'S NAME:		
	ERATIONS OR MAJOR HEALTH PROBLEMS:	

MEDICAL INFORMATION

PLEASE LIST ANY SIGNIFICANT ACCIDE	N15:	
HAVE YOU EVER RECEIVED A HI	:AD INJURY?IF	SO, WHEN?
HAVE YOU EVER HAD A SEIZURI	:?IF	SO, WHEN?
PLEASE LIST ALL MEDICATIONS YOU C	JRRENTLY TAKE (INCLUD	E DOSAGE AND SIDE EFFECTS):
HAVE YOU EVER BEEN HOSPITALIZED F	OD DSVCHIATDIC TDEAT	MENT OD SUDSTANCE ADUSE?
HAVE 100 EVER BEEN HOSPITALIZED I	OR PSTCHIATRIC TREAT	MENT OR SUBSTANCE ABUSE!
F YES, CHECK THE HOSPITALS WHERE AND/OR SUBSTANCE ABUSE:	YOU HAVE RECEIVED INF	PATIENT PSYCHIATRIC TREATMENT
() ROANOKE MEMORIAL HOSPITAL () CATAWBA HOSPITAL () MT. REGIS	() ST ALBANS PSYC	HIATRIC HOSPITAL
() CATAWDA HOSPITAL () MT. REGIS () UNIVERSITY OF VIRGINIA	() VIRGINIA BAPTIST	HOSPITAL
() WIT REGIS () UNIVERSITY OF VIRGINIA () OTHER :	() LIFE CENTER OF	- GALAX
WHAT ARE YOUR EXERCISE HABITS?_		
WHAT DO YOU DO FOR RELAXATION OF	₹ FUN?	
DO YOU USE ANY OF THE FOLLOWING?	(CHECK ALL THAT APPL	Y):
ALCOHOL IF YES: HOW MUCH?		HOW OFTEN?
CIGARETTES IF YES: HOW MUCH?		HOW OFTEN?
STREET DRUGS* IF YES: HOW MU	CH?	HOW OFTEN?
*STREET DRUGS INCLUDE BUT ARE NO		

FAMILY INFORMATION

RELATIONSHIP STATUS: (CHECK ALL THAT APPLY)

SINGLE	☐ ENGAGED	☐ WIDOW(ER)	☐ MARRIED ☐ SEPARATED ☐ DIVORCED
☐ GAY	LESBIAN	☐ BI-SEXUAL	☐ TRANSGENDER
YOUR CHILD	REN (INCLUDE AC	GES):	
			R HOUSEHOLD:
FAMILY OF ORIGIN: BIRTHPLACE: RAISED: State/City/Country State/City/Country			
FATHER □ LIVING □ DECEASED – CAUSE OF DEATH: MOTHER □ LIVING □ DECEASED – CAUSE OF DEATH:			
BROTHER(S)	AND SISTER(S): (INCLUDE AGES):	
HAVE ANY FAMILY MEMBERS BEEN TREATED FOR EMOTIONAL PROBLEMS? IF YES, LIST WHO AND THEIR DIAGNOSIS:			

STRESS CHECKLIST (ADULTS) PLEASE CHECK ALL THAT APPLY OVER THE PAST YEAR:

() DEATH OF SPOUSE	() DIVORCE
() MARITAL SEPARATION	() JAIL TERM
() PERSONAL INJURY OR ILLNESS	() MARRIAGE
() DEATH OF CLOSE FAMILY MEMBER	() FIRED AT WORK
() CHANGE IN HEALTH OF FAMILY MEMBER	() RETIREMENT
() MARITAL RECONCILIATION	() SEX DIFFICULTIES
() PREGNANCY AND/OR ABORTION	() GAIN NEW FAMILY MEMBER
() BUSINESS ADJUSTMENT	() DEATH OF CLOSE FRIEND
() CHANGE IN FINANCIAL STATE	() CHANGE IN SCHOOL
() CHANGE IN RESIDENCE	() TROUBLE WITH BOSS
() CHANGE TO DIFFERENT LINE OF WORK	() BEGIN OR END OF SCHOOL
() CHANGE IN RESPONSIBILITIES AT WORK	() CHANGE IN RECREATION
() CHANGE IN WORK HOURS/CONDITIONS	()SPOUSE BEGAN OR STOPPED WORK
() FORECLOSURE MORTGAGE/LOAN	() CHANGE IN LIVING CONDITIONS
() CHANGE IN NUMBER OF SPOUSE ARGUMENTS	() CHANGE IN CHURCH ACTIVITY
() SON/DAUGHTER LEAVING HOME	() TROUBLE WITH IN-LAWS
() INVOLVEMENT IN EXTRAMARITAL AFFAIR	() REVISION OF PERSONAL HABITS
() OUTSTANDING PERSONAL ACHIEVEMENT	() CHANGE IN SOCIAL ACTIVITIES
() CHANGE IN SLEEPING HABITS	() CHANGE IN SOCIAL ACTIVITIES () CHANGE IN EATING HABITS
() CHANGE IN SELETING TIABITS () CHANGE IN NUMBER OF FAMILY GET	() MINOR VIOLATIONS OF THE LAW
TOGETHERS	() WINOR VIOLATIONS OF THE LAW
TOOLITIENS	
STDESS CHECKLIST	TOD ADOLESCENTS
	FOR ADOLESCENTS
-	K ALL THAT APPLY)
	() PARENTS DIVORCED
	() PARENTS SEPARATED
• •	() PERSONAL ILLNESS /INJURY
· ·	() PARENT FIRED FROM JOB
·	() MOTHER GOES TO WORK
	() MOTHER BECAME PREGNANT
	() SCHOOL ADJUSTMENT
• •	() STARTED A NEW ACTIVITY
() CHANGE IN FAMILY'S FINANCIAL CONDITION	() INJURY/ILLNESS OF CLOSE
/) CHANCE IN NUMBER OF FIGURE WITH	FRIEND
	() THREATENED BY VIOLENCE
SIBLINGS	AT SCHOOL
` '	() CHANGE IN RESPONSIBILITIES
· · ·	() TROUBLE WITH GRANDPARENTS
· · ·) MOVED TO ANOTHER CITY
	() RECEIVED OR LOST PET
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \) TROUBLE WITH TEACHER
` ') CHANGE IN NEW SCHOOL
` ') VACATION WITH FAMILY
) CHANGE IN EATING HABITS
` '	() CHANGES IN AMOUNT OF TV
TOGETHERS	VIEWING
() PUNISHED FOR NOT TELLING THE TRUTH	

Place a checkmark before all that apply to you:

Current use of alcohol
Current use of drugs (other than prescribed)
Inappropriate use of prescription medications
Alcohol use is or has been a problem
Drug use is or has been a problem
Instances of poor judgment related to substance use
Others have been concerned about my drinking
Others have been concerned about my drug use
Instances of inappropriate drinking and driving
Instances of mixing drugs and alcohol
Use of alcohol or drugs as a method of coping
Use of alcohol or drugs to feel more comfortable socially
"Self-medicating" with alcohol or drugs
Past treatment for substance use
History of efforts to control or cut down alcohol or drug use
History of legal problems related to alcohol or drug use
Family members with a history of excessive alcohol use
Some problems with gambling
Some problems with compulsive sexual behavior
Spending too much time on the computer and/or gaming
Overspending
Overworking
Tobacco Addiction (Cigarettes, Cigars, Smokeless, Vaping)
Other Excessive Behaviors

Psychological Health Roanoke: Telehealth/Electronic Communications/Social Media Policy

Psychological Health Roanoke follows standard HIPAA regulations. To ensure your right to have your privacy protected, we ask you join us in adhering to the following standards. Your therapist will review and/or discuss any questions you may have related to this policy.

Secure communication services we offer:	These are NOT secure/ confidential forms of communication:
Telephone contact – available during business hours with our reception staff.	Texting
Encrypted email – You will be prompted to set up a password which you should retain for future communications. Emails and texts with your therapist are considered part of the clinical record and will be recorded in your chart.	Unencrypted email

Clinicians are NOT permitted to accept friend requests from current or former clients on any social media sites. Telehealth Services:

Telehealth services allow the client and clinician to engage in services without being in the same physical location. Both the clinician and the client must be in Virginia during the scheduled session, unless otherwise agreed upon ahead of time. There is potential for other people overhearing sessions if you are not in a private place during the session. Therefore, you should participate in therapy only while in a room or area where other people are not present. Your therapist will take reasonable steps to ensure your privacy on their end.

If an emergency/crisis were to arise during the therapy session, we will contact your emergency contact you listed on your initial paperwork to assist in addressing the situation. If the session is interrupted for any emergency reason, call 911 or go to your nearest emergency room. Carilion Clinic has the Connect program (540-981-8181 or 800-284-8898) for psychiatric emergencies. If the session is interrupted for any non-emergency reason, we will call you back.

There is no guarantee your insurance will cover telehealth services. Please contact your insurance company prior to engaging in telehealth sessions to determine if the sessions will be covered. Our financial office can help with this.

The telehealth sessions shall not be recorded in any way unless agreed to in writing by mutual consent. This agreement is intended as a supplement to the informed consent that your therapist and you agreed to at the outset of your clinical work together and does not amend any of the terms of that agreement.

This signed document represents an agreement between your therapist and you. Your signature below indicates agreement with its terms and conditions.

I have read and understand the above policy. I understand that there are risks to confidentiality if I were to choose to avoid encrypted email or other electronic communication methods.		
Please print patient's name	Therapist's name	
Signature of patient/parent/guardian	Date	

If you would like to have your email communication encrypted, please initial here:

Psychological Health★ Roanoke_{PC}

	Date	:
Patient name:	DOB	:
Release for Coordination w	th Primary Care Physician:	
To coordinate care, my behavioral healthcare practitioner may wish to release pertinent information about my current treatment to my psychiatrist. I hereby authorize the use of disclosure of my individually identifiable health information. This release shall be valid until 365 days after my last date of treatment or until the time I revoke this release which can be done at any time.		
I do not have a Primar	y Care Physician.	
Check one: I do I do not giv information about my current treat	e permission to the Primary Care Physiciar ment with my therapist.	named below to exchange
Name of Primary Care Physician:		
Name of Practice or Location		
	SIGNATURE IS REQUIRED	
Patient (Guardian) Signature	Date:	
	Date:	
To:	completed by Psychological Health Ro	anoke Clinician
Name of Practice or Location		
Dear Dr		
	n you that your patient, named above, wa	
Current recommendations for the	type and setting of treatment include:	
Individual psychotherapy	Evaluation	Inpatient unit
Family psychotherapy	Intensive outpatient program	
Group psychotherapy	Partial hospitalization program	
Comments:		
	ease contact me at 540-772-5140 or fax to	
Clinician Signature:		

Psychological Health★ Roanoke_{PC}

	Date:
Patient name:	DOB:
Release for Coordination	with Psychiatrist:
about my current treatment to n individually identifiable health in	I healthcare practitioner may wish to release pertinent information by psychiatrist. I hereby authorize the use of disclosure of my formation. This release shall be valid until 365 days after my last date of ke this release which can be done at any time.
I do not have a psych	niatrist.
Check one: I do I do not ginformation about my current tre	ive permission to the psychiatrist named below to exchange atment with my therapist.
Name of Psychiatrist:	
Name of Practice or Location	
	SIGNATURE IS REQUIRED
Patient (Guardian) Signature	Date:
	Date:
To:	e completed by Psychological Health Roanoke Clinician
To coordinate care, I want to infor	m you that your patient, named above, was seen by me on//
	type and setting of treatment include:
Individual psychotherapy	Evaluation Inpatient unit
Family psychotherapy	Intensive outpatient program
Group psychotherapy	Partial hospitalization program
Comments:	
	ease contact me at 540-772-5140 or fax to 540-772-5157.
Clinician Signature:	Date: