

PSYCHOLOGICAL HEALTH - ROANOKE
INTAKE INFORMATION

*PLEASE HELP US BE OF ASSISTANCE TO YOU BY
THOROUGHLY COMPLETING THIS QUESTIONNAIRE.*

DATE: _____

AGE: _____

NAME: _____

WHO REFERRED YOU TO OUR DEPARTMENT? _____

BRIEFLY STATE WHAT BROUGHT YOU HERE, AND HOW IT DEVELOPED:

ON THE SCALE BELOW, ESTIMATE THE SEVERITY OF YOUR SYMPTOMS (CHECK ONE):

MILDLY
UPSETTING

MODERATELY
SEVERE

SEVERE

EXTREMELY
SEVERE

INCAPACITATING

WHOM HAVE YOU CONSULTED ABOUT THE ABOVE AND WHAT HAVE YOU TRIED?
(PLEASE INCLUDE NAME(S) OF PREVIOUS COUNSELORS)

EDUCATIONAL BACKGROUND

HIGHEST EDUCATIONAL DEGREE OR VOCATIONAL PROGRAM: _____

SCHOOL ATTENDED: _____ YEAR COMPLETED: _____ GPA: _____

MEDICAL/LIFESTYLE INFORMATION

HEIGHT? ____ WEIGHT? ____ WHEN WAS YOUR LAST EXAM? _____

DOCTORS NAME: _____

PLEASE LIST ANY SURGICAL OPERATIONS OR MAJOR HEALTH PROBLEMS:

MEDICAL INFORMATION

PLEASE LIST ANY SIGNIFICANT ACCIDENTS: _____

HAVE YOU EVER RECEIVED A HEAD INJURY? _____ **IF SO, WHEN?** _____

HAVE YOU EVER HAD A SEIZURE? _____ **IF SO, WHEN?** _____

PLEASE LIST ALL MEDICATIONS YOU TAKE (INCLUDE DOSAGE AND SIDE EFFECTS):

LIST ANY ALLERGIES OR DRUG SENSITIVITIES:

IF YOU WORK WITH OR HAVE CONTACT WITH CHEMICALS PLEASE LIST THEM: _____

CHECK THE HOSPITALS WHERE YOU HAVE RECEIVED INPATIENT PSYCHIATRIC TREATMENT AND/OR SUBSTANCE ABUSE:

- | | |
|--|---|
| <input type="checkbox"/> ROANOKE MEMORIAL HOSPITAL | <input type="checkbox"/> ST ALBANS PSYCHIATRIC HOSPITAL |
| <input type="checkbox"/> CATAWBA HOSPITAL | <input type="checkbox"/> LEWIS GALE MEDICAL CENTER |
| <input type="checkbox"/> MT. REGIS | <input type="checkbox"/> VIRGINIA BAPTIST HOSPITAL |
| <input type="checkbox"/> UNIVERSITY OF VIRGINIA | <input type="checkbox"/> LIFE CENTER OF GALAX |
| <input type="checkbox"/> OTHER : _____ | |

WHAT ARE YOUR EXERCISE HABITS? _____

WHAT DO YOU DO FOR RELAXATION OR FUN? _____

DESCRIBE YOUR USE OF ALCOHOL, CIGARETTES & STREET DRUGS. HOW MUCH? HOW OFTEN?: _____

STRESS CHECKLIST (ADULTS)

PLEASE CHECK ALL THAT APPLY OVER THE PAST YEAR:

- | | |
|---|--|
| <input type="checkbox"/> DEATH OF SPOUSE | <input type="checkbox"/> DIVORCE |
| <input type="checkbox"/> MARITAL SEPARATION | <input type="checkbox"/> JAIL TERM |
| <input type="checkbox"/> PERSONAL INJURY OR ILLNESS | <input type="checkbox"/> MARRIAGE |
| <input type="checkbox"/> DEATH OF CLOSE FAMILY MEMBER | <input type="checkbox"/> FIRED AT WORK |
| <input type="checkbox"/> CHANGE IN HEALTH OF FAMILY MEMBER | <input type="checkbox"/> RETIREMENT |
| <input type="checkbox"/> MARITAL RECONCILIATION | <input type="checkbox"/> SEX DIFFICULTIES |
| <input type="checkbox"/> PREGNANCY AND/OR ABORTION | <input type="checkbox"/> GAIN OF NEW FAMILY MEMBER |
| <input type="checkbox"/> BUSINESS ADJUSTMENT | <input type="checkbox"/> DEATH OF CLOSE FRIEND |
| <input type="checkbox"/> CHANGE IN FINANCIAL STATE | <input type="checkbox"/> CHANGE IN SCHOOL |
| <input type="checkbox"/> CHANGE IN RESIDENCE | <input type="checkbox"/> TROUBLE WITH BOSS |
| <input type="checkbox"/> CHANGE TO DIFFERENT LINE OF WORK | <input type="checkbox"/> BEGIN OR END OF SCHOOL |
| <input type="checkbox"/> CHANGE IN RESPONSIBILITIES AT WORK | <input type="checkbox"/> CHANGE IN RECREATION |
| <input type="checkbox"/> CHANGE IN WORK HOURS/CONDITIONS | <input type="checkbox"/> SPOUSE BEGIN OR STOP WORK |
| <input type="checkbox"/> FORECLOSURE MORTGAGE/LOAN | <input type="checkbox"/> CHANGE IN LIVING CONDITIONS |
| <input type="checkbox"/> CHANGE IN NUMBER OF SPOUSE ARGUMENTS | <input type="checkbox"/> CHANGE IN CHURCH ACTIVITY |
| <input type="checkbox"/> SON/DAUGHTER LEAVING HOME | <input type="checkbox"/> TROUBLE WITH IN-LAWS |
| <input type="checkbox"/> INVOLVEMENT IN EXTRAMARITAL AFFAIR | <input type="checkbox"/> REVISION OF PERSONAL HABITS |
| <input type="checkbox"/> OUTSTANDING PERSONAL ACHIEVEMENT | <input type="checkbox"/> CHANGE IN SOCIAL ACTIVITIES |
| <input type="checkbox"/> CHANGE IN SLEEPING HABITS | <input type="checkbox"/> CHANGE IN EATING HABITS |
| <input type="checkbox"/> CHANGE IN NUMBER OF FAMILY GET TOGETHERS | <input type="checkbox"/> MINOR VIOLATIONS OF THE LAW |

CHECKLIST FOR ADOLESCENTS

(PLEASE CHECK ALL THAT APPLY)

- | | |
|---|---|
| <input type="checkbox"/> PARENT DIED | <input type="checkbox"/> PARENTS DIVORCED |
| <input type="checkbox"/> PARENT TRAVEL AS PART OF JOB | <input type="checkbox"/> PARENTS SEPARATED |
| <input type="checkbox"/> CLOSE FAMILY MEMBER DIED | <input type="checkbox"/> PERSONAL ILLNESS /INJURY |
| <input type="checkbox"/> PARENT REMARRIED | <input type="checkbox"/> PARENT FIRED FROM JOB |
| <input type="checkbox"/> PARENTS RECONCILED | <input type="checkbox"/> MOTHER GOES TO WORK |
| <input type="checkbox"/> CHANGE IN HEALTH OF FAMILY MEMBER | <input type="checkbox"/> MOTHER BECAME PREGNANT |
| <input type="checkbox"/> SCHOOL DIFFICULTIES | <input type="checkbox"/> SCHOOL ADJUSTMENT |
| <input type="checkbox"/> BIRTH OF SIBLING | <input type="checkbox"/> STARTED A NEW ACTIVITY |
| <input type="checkbox"/> CHANGE IN FAMILY'S FINANCIAL CONDITION | <input type="checkbox"/> INJURY/ILLNESS OF CLOSE FRIEND |
| <input type="checkbox"/> CHANGE IN NUMBER OF FIGHTS WITH SIBLINGS | <input type="checkbox"/> THREATENED BY VIOLENCE AT SCHOOL |
| <input type="checkbox"/> THEFT OF PERSONAL POSSESSION | <input type="checkbox"/> CHANGE IN RESPONSIBILITIES |
| <input type="checkbox"/> OLDER BROTHER/SISTER LEFT HOME | <input type="checkbox"/> TROUBLE WITH GRANDPARENTS |
| <input type="checkbox"/> OUTSTANDING PERSONAL ACHIEVEMENT | <input type="checkbox"/> MOVE TO ANOTHER CITY |
| <input type="checkbox"/> MOVE TO ANOTHER PART OF TOWN | <input type="checkbox"/> RECEIVED OR LOST PET |
| <input type="checkbox"/> CHANGE IN PERSONAL HABITS | <input type="checkbox"/> TROUBLE WITH TEACHER |
| <input type="checkbox"/> MOVE TO A NEW HOUSE | <input type="checkbox"/> CHANGE IN NEW SCHOOL |
| <input type="checkbox"/> CHANGES IN SLEEP | <input type="checkbox"/> VACATION WITH FAMILY |
| <input type="checkbox"/> CHANGE OF FRIENDS | <input type="checkbox"/> CHANGE IN EATING |
| <input type="checkbox"/> CHANGE IN NUMBER OF FAMILY GET TOGETHERS | <input type="checkbox"/> CHANGES IN AMOUNT OF TV VIEWING |
| <input type="checkbox"/> PUNISHED FOR NOT TELLING THE TRUTH | |

Place a checkmark before all that apply to you:

- Current use of alcohol
- Current use of drugs (other than prescribed)
- Inappropriate use of prescription medications
- Alcohol use is or has been a problem
- Drug use is or has been a problem
- Instances of poor judgment related to substance use
- Others have been concerned about my drinking
- Others have been concerned about my drug use
- Instances of inappropriate drinking and driving
- Instances of mixing drugs and alcohol
- Use of alcohol or drugs as a method of coping
- Use of alcohol or drugs to feel more comfortable socially
- "Self-medicating" with alcohol or drugs
- Past treatment for substance use
- History of efforts to control or cut down alcohol or drug use
- History of legal problems related to alcohol or drug use
- Family members with a history of excessive alcohol use
- Some problems with gambling
- Some problems with compulsive sexual behavior
- Spending too much time on the computer and/or gaming
- Overspending
- Overworking
- Tobacco Addiction (Cigarettes, Cigars, Smokeless)
- Other Excessive Behaviors