



In This Issue

- FYI about our clinicians at Psychological Health-Roanoke



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Meet Our Clinicians

Please use this newsletter to get to know our clinicians here at Psychological Health a little better. Not only is Psychological Health getting bigger, we are also getting better! You may also visit our website at www.psychhealthroanoke.com to obtain more information about our clinicians, as well as other relevant information about Psychological Health-Roanoke.

Anita June Alder, Ph.D., LCSW earned her Master's Degree from VCU and her Doctorate from Virginia Tech. She specializes in working with adults as well as adolescents, ages 16 and older. She has experience with a variety of issues, including depression, anxiety, women's issues, and sexual abuse. She works with individuals, couples, and families.

Alison Allsbrook, LCSW earned her Master's Degree in social work from the University of North Carolina, School of Social Work. She also obtained her B.A. in Psychology from Wake Forest University in Winston-Salem, North Carolina. She specializes in depression, geriatrics, grief and loss, LGBT, adult counseling, marital and adult caregivers.

Lola R. Byrd, Psy.D., Licensed Clinical Psychologist earned a Masters Degree in Counseling and a Doctorate in Psychology from Nova Southeastern University in Fort Lauderdale, Florida. She is bilingual (Spanish) and works with young adults, adults, and a medical rehabilitation population. She specializes in trauma and domestic violence.

Emily DeFrance, Ph.D., Licensed Clinical Psychologist earned a doctorate in clinical psychology from the University of Detroit, as well as her B.A. in psychology from West Virginia Wesleyan. She is a registered play therapist, and specialized in child, adolescent and adult counseling, as well as psychological evaluations and ADHD assessments. ***Scheduled to begin at PHR July 1, 2008.**

Dorene Fick, LCSW earned her Master's Degree in social work from New York University in New York City. She also obtained her B.A. in elementary education from Concordia College in Bronxville, New York. She specializes in job stress, anxiety/phobias, eating disorders, depression, PTSD, parenting, personality disorders, and psychotic disorders.

Chalres Finn, LPC earned his Master's in Counseling Psychology from Loyola University in Chicago, Illinois. He also received a Master's in English Literature,

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as well as his B.A. in classical languages from Loyola University. He is a substance abuse specialist, as well as adolescent, grief counseling, marital, depression, adult counseling, and identity issues. ***Scheduled to begin at PHR June 1, 2008.**

Marvin Gardner, Ph.D., D.Min. earned his doctor of philosophy in clinical psychology and counselor education from Union Institute and University in Cincinnati, Ohio. He also holds a doctor of ministry from Wesley Theological Seminary. He specializes in adults, couples, and group therapy, as well as domestic violence, PTSD, and personality disorders. He is also a certified pastoral counselor and in addition does psychological testing. ***Scheduled to begin at PHR June 1, 2008.**

Maureen Guelzow, Ph.D., LPC earned her doctorate and Master's in family studies from Virginia Polytechnic Institute and University. She also graduated with a B.S. in English from Louisiana State University. She specializes in adult children of dysfunctional families, family therapy, mood disorder, sexual abuse/PTSD, and borderline personality disorder. ***Scheduled to begin at PHR May 15, 2008**

Mollie S. Guzo, NCC, LPC received her Bachelor of Science degree in Psychology and Human and Community Services from Lenoir Rhyne College in Hickory, North Carolina, and her Masters degree in Counselor Education from Virginia Tech. She specializes in age related anxiety and depression in young adults, crisis intervention, and acute assessment.

John Heil, D.A., Licensed Clinical Psychologist, is both a clinical psychologist and sport psychologist- with a clinical practice focusing on pain and injury management, with a consulting practice in sport psychology, police and public safety. He is a Fellow in the American Psychological Association, author of the *Psychology of Sport Injury* and numerous professional papers on sport, pain and injury. Dr. Heil is a lecturer in the University of Virginia Medical School Psychiatry Residency in Salem, and Instructor at the Roanoke City Police Academy.

Barbara Horton, LCSW graduated from the University of Virginia where she earned her B.A degree and Virginia Commonwealth University where she obtained her Masters in Social Work. She has been in private practice in the Roanoke Valley since 1994. She provides counseling for adults and adolescents, age 14 and older. Her specialties include depression, anxiety, sexual abuse and women's issues. She also works with families and couples as well as individuals.

Jane C. Hundley, LCSW earned her Master's in Social Work from the University of Wisconsin, in Madison, Wisconsin. She also earned her B.A. in social work from University of Oklahoma, in Norman, Oklahoma. She specializes in adults, substance abuse, grief and loss, divorce, depression, stress, and anxiety.

Rebecca K. Loehrer, Ph.D., Licensed Clinical Psychologist received her Ph.D. in counseling psychology from Texas A&M University. She has been practicing in the field of psychology for 15 years now. Her specialties include adult, group, and grief/bereavement. She also does forensic evaluations, psychological testing, and sex offender treatment.

David Meshorer, Ph.D., Licensed Clinical Psychologist graduated from the University of Michigan and completed his doctorate in Clinical Psychology at Florida State University. He works primarily with adults having problems with anxiety, depression and substance abuse. He also has a special interest in geriatrics, working with people dealing with issues of aging and loss.



Samuel Rogers, Ph.D., Licensed Clinical Psychologist is a Licensed Clinical Psychologist with 27 years of experience in the Roanoke Valley. His focus is on anxiety disorders with a special focus on obsessive compulsive disorder. He also works with a large numbers of couples. He works primarily with adults, but will see adolescents and some children with anxiety disorders.



Ronald F. Salzbach, M.S.W., LCSW, CSAC is a Licensed Clinical Social Worker and a Certified Substance abuse counselor. He has an undergraduate degree in psychology and went on to obtain a Master of Social Work degree from Virginia Commonwealth University in 1982. Ron has worked in inpatient treatment centers for 16 years and has been in private practice since 1991. He works with adult individuals, couples, families and groups that have psychiatric, emotional or relationship problems. Ron also specializes in working with addictive disorders.

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Barbara Seals, LPC earned her Master's in counselor education from Virginia Tech, in Blacksburg, VA. She also received her B.S. in Business Administration from Berea College in Berea, KY. She specializes in long-term therapy, adults, overcoming childhood abuse, depression, and relationship problems. ***Scheduled to being at PHR June 1, 2008.**



Bruce A. Sellars, Psy.D., Licensed Clinical Psychologist, received his doctorate in clinical psychology in 1985. He has worked in the mental health field since 1976, and has been in full-time outpatient practice since 1989. Areas of specialties include anxiety, panic disorder, phobias, obsessive-compulsive disorder, trichotillomania (hair pulling), skin picking, hoarding, depression, stress, insomnia, anger, and psychological evaluations. He works with adults, ages 18 and older.



Jennifer J. Slusher, Ph.D., LPC is a Licensed Professional Counselor and received her Ph.D. in Counselor Education from Virginia Tech. She was previously the Counseling Coordinator and most recently the Assistant Dean of Students for Hollins University. She primarily works with young adults and adults and specializes in depression, stress management/wellness, women's issues and LGBT issues.



J. Steve Strosnider, M.A., LPC received his Masters degree in Clinical Psychology from Appalachian State University and has additional graduate training at William and Mary, Virginia Tech, and Eastern Virginia Medical School. He is a Licensed Professional Counselor, Licensed Marriage & Family Therapist, a Nationally Certified Counselor, a Certified Clinical Mental Health Counselor and is a Diplomate in Professional Counseling. Specialties include police & public safety issues, adult depression and anxiety, marital counseling and psychological testing.



Catherine G. Taylor, Psy.D., Licensed Clinical Psychologist earned her Doctorate of Psychology from Chestnut Hill College in Philadelphia, PA and has practiced in the Roanoke Valley since 2005. She specializes in working with children, adolescents, and their families. Clinical specialties also include Attention-Deficit/Hyperactivity Assessments, behavioral, anxiety, and adjustment issues, and screening for developmental delays.



Alice Jackie Wilkerson, Ph.D., LPC has enjoyed a thriving practice in the Roanoke area working with individuals, families, couples, and adolescents. Specialties include relationship issues, stress reactions, anxiety, and depression. She has written articles on violence prevention and bullying in the schools which have been well received. Her degrees are a B.A. from Roanoke College and a PhD

from Virginia Tech.

Overview of Psychological Health-Roanoke

Psychological Health Roanoke began operations in 2006 and has become one of the most respected outpatient psychological practices in the Roanoke Valley. Our organization strives to provide high quality psychological services, both across wide range of needs and across the lifespan.

Our Mission is to enhance mental health by:

Providing comprehensive mental health services

Ensuring compassionate, courteous, competent, confidential care in all stages of life

Educating individuals and organizations through visible community involvement

Promoting the understanding of mental health issues

Serving communities throughout Virginia, headquartered in the Roanoke Valley

Contact Us

Hours: Monday – Friday, 8:30-5:00pm. Evening hours are available on a limited basis.

(540) 989-6605 or 800-699-9396

Nights and weekends call
RESPOND:

(540) 776-1100 or 800-541-9992

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